

# Lehi Community Council Newsletter

Asset #35

## Resistance Skills

*With school starting, it's even more important to help your children avoid negative peer pressure and avoid dangerous situations. To do so:*

- 1) Encourage your children to express their feelings, values and beliefs at home. Allow them to disagree with you.*
- 2) Talk with your child about different ways to resist. Examples: Walk away from the situation; calmly say no; say how you feel; use humor; stick up for yourself; ignore the person or situation. Which does your child like best? Why?*
- 3) Role play with your child times when resistance skills are necessary. Examples: being pressured to have sex, drink alcohol or use drugs, being asked to ride in a car with a person who has been drinking alcohol; being called a coward because you won't shoplift.*
- 4) Find out who your children's friends are. Get to know them.*
- 5) Talk with your children about*

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## Doll House Festival and Boutique Looking for Sale Items to Benefit Abused Children

Organizers of the Doll House Festival and Boutique are looking for new and hand-made items for sale to benefit the Utah County Children's Justice Center, a non-denominational facility to serve children who have been sexually or physically abused. Scheduled for October 21-22 at the Provo Marriott, the boutique is also looking for volunteers to help on the day of the

event. Items may be turned into the local LDS Relief Society president or the Provo Marriott.

### ***Boutique needs:***

Dollhouses  
Arks  
Barns  
Doll beds  
Doll furniture  
Doll Cases

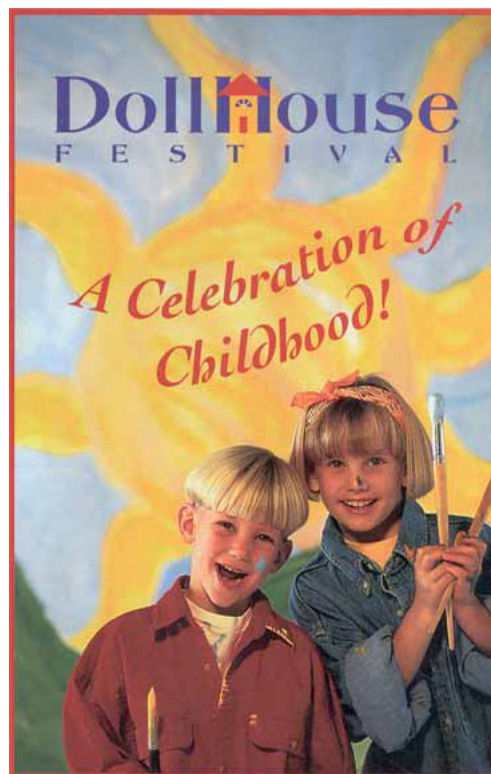
### ***Quilts (hand or machine quilted):***

Afghans  
Crib, twin, or full bed quilts  
Doll quilts  
Fleece throws  
Quillows  
Receiving blankets

### ***Clothing:***

Aprons (for cooking or art)  
Costumes  
Dresses

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*peer pressure. Share stories from your own childhood and teen years.*

*6) Teach your kids the difference between assertiveness, aggression and passivity. Assertiveness is positive and affirming; aggression is negative and demanding; passivity makes one vulnerable. Role-play all three kinds of behaviors with your children. Teach them assertiveness skills.*

Prepare for "Lehi Trails Day," coming September 10. Visit [www.lehicity.com](http://www.lehicity.com) Go to "Activities and Events" and click on Lehi Trails Day for a current map of all the trails in Lehi (from those that are only planned to those that are ready to use).

## Service Opportunities

### Rippy Literacy Center

The Rippy Literacy Center is already preparing for its Green Eggs and Ham Extravaganza in January 2006. They plan to have a silent auction in conjunction with this event to help generate funds for the center.

They will be auctioning quality hand made crafts, etc. Start creating your donation now. Some suggestions are: quilts, paintings, woodwork, unique dolls or toys, special hand crafted items of all varieties. Use your talent to benefit others. Call 407-1025 or drop off your donations at the Rippy Literacy Center at 120 N. Center. (Donations will be accepted starting in November 2005.)

### Parents:

The Junior Highs in Lehi are seeking volunteers to come and help in classrooms, hallways, lunchrooms, etc. It is a proven fact that the presence of parents in the school has a calming effect on the students.

### Make Arts & Craft Materials

Make arts and craft materials for potentially abused children for the Family Support and Treatment Center. Dye macaroni noodles and provide string to make necklaces and bracelets, make home-made play dough and put together other crafts which the children could make. To volunteer, contact Lexey at 229-1181.

### Rippy Literacy Center

Student reservations for classes need to be made as soon as possible!

Fall term starts Sept. 6, the day after Labor Day. Call now to enroll!

Classes offered fall term:

Reading: Mon 4 and 5 pm, Tues-Thurs 4, 5, 6, 7 pm

Emergent Reading: Mon-Thurs 4 and 5 pm

Basics: Mon and Wed 9, 10, 11 am and 4 and 5 pm

Math and Homework Help: Mon 4 and 5 pm and Tues-Thurs 4, 5, and 6 pm

Math-Counting and Numbers: (Ages 4 and 5) Tues and Thurs 4 pm

Pre-Algebra/Algebra: For parents who want to assist their children Mon and Tues 9:30-11 am

Geometry and Higher Math and Homework: Wed 3:30 pm

ESL: Mon 9, 10, 11 am and 4 and 5 pm, Tues-Thurs 9, 10, 11 am and 4, 5, 6, and 7 pm

Tutor Training for Reading: Thurs 7-8 pm (One time)

Tutor Training for Math: Thursday 7-8 pm (One time)



# Lehi Boy Scout District Calendar

For more information contact C. Ronald VanLeuven at  
LehiScouts@att.net

## *Lehi Family Week – November 20-27*

Lehi Family Week is an annual celebration whose purpose is to increase family unity and to strengthen family values in the community. Daily entertainment and events are geared toward fulfilling this purpose. This event is held the third week of November (Thanksgiving week). The theme is "Connections Count." Call Jill MacKenzie to volunteer at 472-4744. Here's the daily events for 2005:

**Sunday** night fireside at the high school at 7:00 p.m.

**Monday** - Taking time to connect with our families  
Family game day/various activities encouraged

**Tuesday** - Local Business Day - TBA

**Wednesday** - Making Family Connections Count  
Free tour of Hutchings Museum  
Restaurant specials for eating out with families  
Letters to military men at Hutchings Museum  
Grandparents Day

**Thursday** - Connecting with Family Traditions  
Happy Thanksgiving!

**Friday** - "Family Fun Connections"  
A.M. - Swimming at the Lehi Legacy Center 1/2 price  
P.M. - Couples Connecting Dinner/Seminar  
6:00 p.m. Thanksgiving Point - Couples interested in signing up please contact Jill McKenzie 472-4744

Enjoy a wonderful dinner with your companion and enjoy a free seminar with Roger McKenzie. He will be educating couples on how to connect with each other: involving, educational and humorous. You won't want to miss out on this!

**Saturday** - Dancing into great Family Connections  
Family Dance at the Legacy Center at 7:00 p.m.  
Thanksgiving Point movies in the morning 1/2 price

### **Bring the Standards to Utah**

The Lehi City Family Week committee is still looking for donations to bring the Standards to Utah. The Nashville, Tenn. Group of five talented brothers will be the grand opening act of Sunday, November 20. They sing, dance and create their own instrumentation. To make donations, please contact Family Week chair Jill McKenzie at jillmac@excite.com or 472-4744.

### **Giant Pumpkin Contest**

Come join us to kick off the Giant Pumpkin Harvest Event at Albertsons in mid-October! For more information, contact Linda Turner at 768-1102.

### **Halloween Party**

The Halloween Party is October 31 at the Legacy Center. Tickets can be purchased in advance at the Legacy Center Registration office. The advance price is \$2.50 per child (parents are free) or \$10 per family. You may also pay at the door on Halloween night for \$3.00 per child or \$12 per family. For more information, call the Legacy Center at 768-7124. There is also a Halloween Parade down Main Street and "trick or treat" at Hutch's TV & Appliance.

### **Yard-of-the-Month**

The August "yard of the month" recipients were Gene and Robyn Peterson of 2002 W. 1500 N. The Peterson's have a beautiful back yard with a fun koi pond, a lovely gazebo and a stone walk way going around the outer perimeter.

NOTE: We are looking for the most colorful yard with fall colors for the last yard of the month award in September. Nominations should be made to Rose at 768-1222.



## Doll House Festival and Boutique cont.

Fun socks  
Hats  
Nightgowns  
Pajamas  
Robes  
Slippers  
Sweatshirts  
Vests  
Matching girls and doll dresses to fit 18" doll (patterns are available, call 377-7860)

### **Accessories:**

Backpacks  
Candles  
Emergency kits for school  
Fun bath towels  
Gloves  
Hats  
Holiday pillowcases  
Purses  
Scarves (head or neck)  
Travel blankets  
Umbrellas

### **Baby Items:**

Bibs  
Burp cloths  
Clothing  
Diaper bags  
Diaper holders  
Mobiles

### **Toys:**

Animals  
Art tools  
Balls  
Banks  
Bean bags  
Blocks  
Boats  
Books  
Cars  
Construction sets  
Cradles  
Doll strollers  
Dolls (boys and girls)  
Journals  
Legos  
Marbles  
Porcelain dolls  
Puppets  
Puzzles  
Raggedy Ann or Andy dolls  
Rocking horses  
Scrapbooks  
Spaceships  
Stick horses  
Stuffed animals  
Tea sets  
Tents  
Trains  
Wagons

### **Furniture:**

Area rugs  
Art work  
Bean bag pillows  
Benches

Body pillows  
Bulletin boards  
Chalkboards  
Clocks  
Clothes baskets  
Desks  
Growth charts  
Jewelry boxes  
Lamps  
Picture frames

### **Gift Baskets:**

Activity bags  
Art  
Bath  
Bead stringing  
Camping  
Car tools  
Carpenter  
Church  
Collecting

Overnight bags  
Pet care  
Quiet books  
Sewing  
Sports  
Swimming  
Travel

### **Christmas:**

Centerpieces  
Count down calendars  
Nativity sets  
Pillows  
Tree skirts  
Tree ornaments  
Wall hangings  
Wreaths

### **Children's Store:**

Candles  
Candy  
Coloring books/  
crayons  
Cookie cutters  
Hair accessories  
Inexpensive jewelry  
Jacks  
Marbles  
Marking pens  
Nail Polish  
Notepads/paper  
Pencils  
Pens  
Small balls  
Small toys  
Sticker



1. Parents Notice: If your child brings home a flyer for a Rave Party, take it to the police station so that they can make sure everything is being done legally.
2. Look for a new Lehi Shopping Directory to be available by Sept. 15 from the Lehi Chamber of Commerce.
3. Meet the candidates night will be on Sept. 14th, 7 p.m. @ the Lehi Senior Center. For more information contact Heather Miller at 836-0836.
4. The Lehi Standards Committee will be meeting on Wed. Sept. 7, 8 p.m. in the Legacy Center Conference room. All interested are welcome.

*To contribute to this newsletter, please contact Linda Turner, 768-1102, lturner@networld.com, or Kelly Wanlass, 766-2362, kelly@wanlass.com. Visit www.lehicity.com for an online copy of this newsletter.*